



Patanjali Yog Peeth (UK) Trust

Reg Charity in England & Wales No.1115370 / Scotland No.SC041991



"Good health is humanity's
birth right"

Baba Ramdev

Learn Yog asanas
and

Yog breathing technique

Excellent course to improve your
health and well-being

Assistant Yog Teacher Training Level 1

Self development and/or Refresher course

Dates

Nov 21st & 22nd - 2020

Nov 28th & 29th - 2020

Timing

09.00hrs to 13.00hrs

15.00hrs to 17.30hrs



Now get trained
online on

JioMeet

ID 175-362-4471

(Password will be given on the day)

Cost: £151.00

Self development : £101.00

Refresher course : £51.00

Training will be conducted online by Sarwan Poddar

For Registration and further information please contact :- Tel: 0141 4277510

Darshanlal Sohal: mob: 07803149781

E-mail: info@pypt.org

Website: www.pypt.org